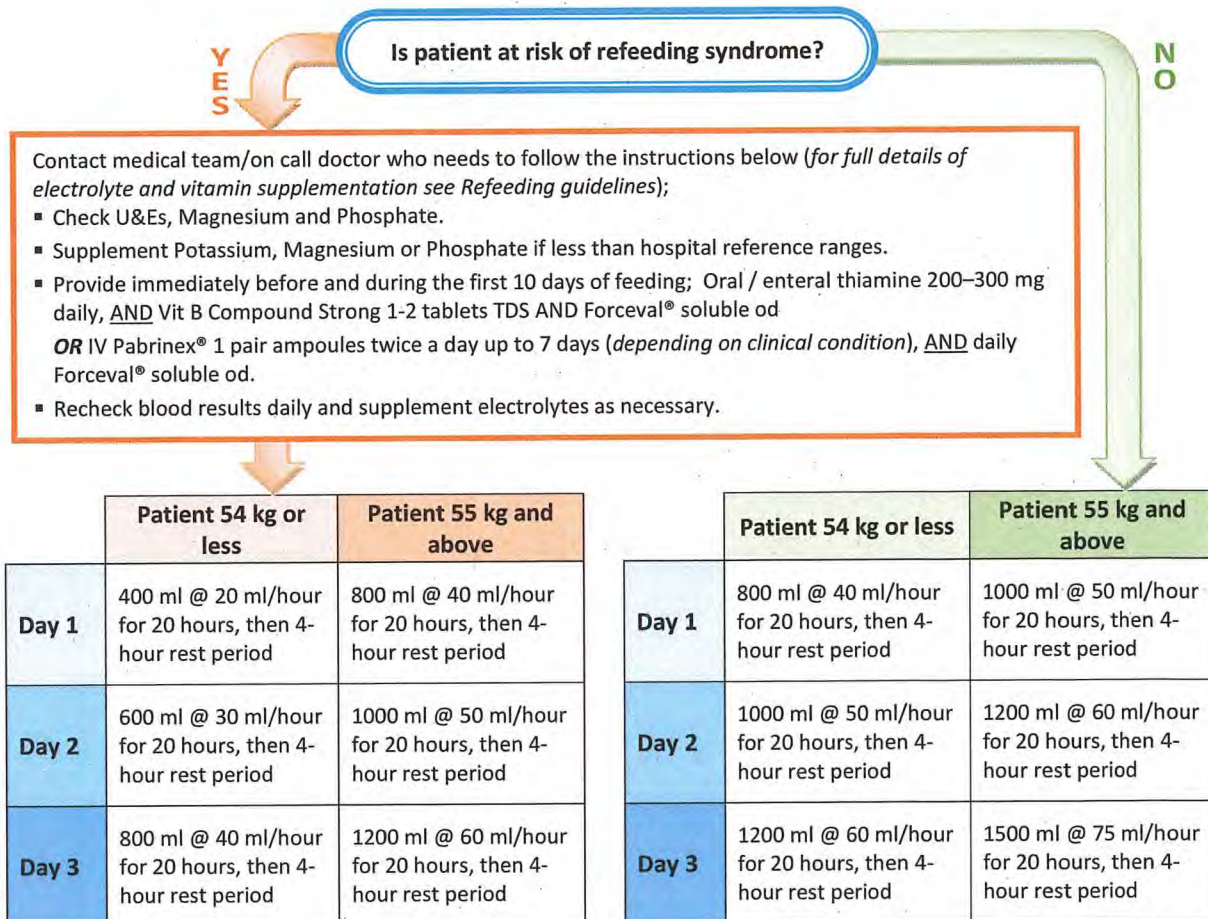


APPENDIX 1

Adult Standard Enteral Feed Starter Regime (Out-of-Hours / Emergency Regime)

This regime is only to be used when a Dietitian is not available e.g. weekends, bank holidays, out-of-hours.

- Authorisation to start enteral feeding must be given by relevant medical/surgical team.
- Ensure referral is completed on UNITY for Dietitian assessment (for feeding) or to Nutrition Nurse (for tube issues).
- Before commencing feeding safe tube position must be confirmed and documented.
- Identify if your patient is at risk of refeeding and choose the appropriate feeding regime.
- **For patients post GI surgery and/or with GI issues consult with the surgical/parent team and consider starting feeding at 10 ml/hour and building up gradually as tolerated.**
- Use **Nutrison®** (standard), unless patient has allergy or intolerance to ingredients (i.e. milk intolerance – replace with **Nutrison Soya®**). Check intolerances and contents of the feed before prescribing.



For All Tube Fed Patients;

- Ensure 50 ml flushes sterile water to be given before and after feed and before and after medications (with 10 ml water flush after each medication).
- Additional fluids to be provided by IV fluids as advised by the medical team.
- Ensure all fluids are documented on fluid balance chart.
- Patient to be positioned at 30-45° when feeding.
- Monitor bowel movement.
- Continue with appropriate regime until patient is assessed by the dietitian.