RESOURCE® THICKENUP® CLEAR *Mixing instructions*



1. Powder first Use the dosage scoop included in the tin. For best results, add the powder to a clean, dry cup, glass, or beaker



2. Add liquid Add the liquid to the powder

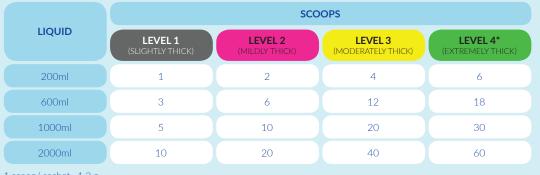


3. Stir Start stirring immediately, until the powder is completely dissolved



4. Serve Leave to stand for one minute before serving

Resource[®] ThickenUp[®] Clear dosage chart





1 scoop/ sachet =1.2 g.

For food, add Resource® ThickenUp® Clear as needed to achieve the appropriate consistency.

* For level 4 extremely thick liquids, evaluated IDDSI compliant based on spoon tilt test.

It is the responsibility of the person administering Resource® ThickenUp® Clear to ensure that the

liquid or food is mixed to the appropriate consistency.

Hot drinks

Prepare the hot drink according to individual preference, before adding to the powder. For safety, allow the thickened hot drink to cool down slightly before serving.

Carbonated drinks

For optimal results, stir the carbonated drink to reduce the amount of carbonation.

Milk

After adding Resource[®] ThickenUp[®] Clear, leave to stand for a few minutes until the drink reaches the required thickness.

Oral nutritional supplements (200ml)

Add half the volume of the oral nutritional supplement (e.g. Resource[®] Energy/Resource[®] 2.0 Fibre) and stir immediately until the powder is completely dissolved. Add the second half of the oral nutritional supplement and continue to stir until the powder is completely dissolved. Leave to stand for up to 20 minutes until the drink reaches the desired thickness.[†]



For more information please contact your local Nestlé Health Science representative or call 00800 6887 4846



It is the responsibility of the person administering Resource® ThickenUp® Clear to ensure that the liquid is mixed to the approp For healthcare professional use only. Resource® ThickenUp® Clear is a food for special medical purposes for use under me ® Reg, Trademark of Société des Produits Nestlé S.A. DYS233 MAR19