

## Sandwell & West Birmingham: Money Matters Webinar

### Background & Invitation

The cost of living is rising faster than many of us can remember. Whatever we think about the cause or the help we receive from the government, we must try and make the best use of the resources available to us and manage our own finances as best we can. This webinar has been arranged to help you with this. The webinar will give you some information to help you plan your money matters better and make better decisions. We expect everyone to make at least one decision after each session that will improve their financial position.

The webinar will take place on the following dates and last approximately 2 hours.

- 08/11/22: 10:00
- 10/11/22: 13:30
- 07/12/22: 17:00

### What will the webinar cover?

The objectives of the webinar are

- To help you honestly review your current financial position
- To understand how you use debt and how this may affect your life
- To help you review your priorities and spending habits
- To provide you with the tools you need to make a plan to improve your position
- To show you where you can receive immediate help.

### How long will the webinar last?

Around 2 hours

### What are the benefits of attending?

Attendance will help you to understand your own position better and what you can do immediately to improve matters. It will include hints and tips, other sources of information and some 'golden rules' to follow.

### Booking

Webinars will take place on the following dates and times:

- 08/11/22: 10:00
- 10/11/22: 13:30
- 07/12/22: 17:00

To book you should use the online booking service which is accessed via the link below:

<https://calendly.com/nigelpengage/sandwell-west-birmingham-nhs-trust-money-matters>

Simply click on the date shown then choose the time of the session which suits you, complete your details and you will receive an email confirmation. This will include the link to attend the session via Microsoft Teams. Places are limited and will be allocated on a first come, first served basis.

**These sessions are for Guidance and Education purposes only and are not financial advice.**