

Young People's Healthcare and Transition

Summer Edition Newsletter

Introduction

Welcome to our brand-new Healthcare Transition newsletter aimed at all SWB staff across the Trust. We will be bringing you updates on all things transition and young people, so you can stay up to date with what's going on locally, regionally and nationally.

This newsletter is being developed by SWB Transition Key Worker, Kelly Edie-Fisher. You will find Kelly's contact details at the end of this newsletter.

Healthcare Transition

Preparing for the move from children's to adult services is referred to as healthcare transition. This transition occurs in mid-adolescence; adolescence can be defined as the period between childhood and adulthood characterised by the onset of puberty up until the brain fully maturing, which is currently thought to be about mid-twenties. The transfer from children's to adult services is a critical time in a young person's life and like all transitions it presents both risk and opportunity (Northumbria, NHS 2017). There is a substantial body of evidence showing that morbidity and mortality increases for young people following the move from children's to adult services.

Regional Transition Meetings

The Burdett Trust host quarterly regional Transition meetings (currently via Teams). If you would like to attend future meetings please email Kelly.

kelly.edie-fisher@nhs.net

Burdett National Transition Nursing Network



The Burdett Trust are funding a National Transition Nursing Network project team. The project has a national Lead Nurse hosted by Leeds Teaching Hospital NHS Trust. The Lead Nurse works with four Regional Nurse Advisors (RNAs) placed strategically across England in the North, Midlands, London and South. The RNA for the Midlands and East of England is Nathan Samuels who is hosted by University Hospitals Birmingham. The project team are mapping the current state of transition across England, creating a database of transition contacts and sharing the implementation of the Quality Improvement model.

National Updates

NHSE/I 0-25 years model of care framework for transition coming summer 2022!

The Burdett National Transition Team has been working with NHSE/I to produce the 0-25 years model of care framework for transition. The framework is finalised and we are awaiting a publication date.

NHSEI Core Competency and Capability framework for Transition

Training has been identified as one of the biggest gaps in transition. The Burdett National Transition Team have been working closely with NHS E/I and Skills for Health to develop a competency framework. The Framework articulates the core capabilities describing the knowledge, skills and behaviours required by all healthcare staff working with young people. Currently there is no national framework that addresses this need.

This will cover 3 tiers:

1. Anyone looking after a YP
2. Those working directly with YP and transition
3. Those working in roles providing whole organisation change around Transition

CQC- Adult Briefing Paper

The Burdett National Transition Team have been working in partnership with NHSE/land leads from CQC Young People/Adult teams to co-produce an inspection briefing paper around care of young people and transition in adult services after CQC identified a lack of transition evaluations in adult inspections.



National Confidential Enquiry into Patient Outcome and Death (NCEPOD)

A NCEPOD Study is taking place to explore the barriers and facilitators in the process of the transition of young people with complex chronic conditions from child to adult health services. As a Trust, we were required to provide initial data information with 15 cases selected for records and respective clinician questionnaire to be submitted. You can share your general views on transition by completing the professionals survey. [Click Here](#)

Young people and their families can share their views using this link. A copy of NCEPOD posters have been distributed across Groups for display in patient areas. Feel free to contact the Transition Key Worker if you have not received this and would like a copy. [Click Here](#)

Trust wide Communications will take place once any of the above national developments are published!

Local Updates

SWB Executive Lead for Transition

It is recommended to have an identified executive lead for Transition. At SWB, our executive lead is Chief Nursing Officer, Mel Roberts.

SWB Website

There is a Transition and Young People section on our website. We hope to continue developing the website with the inclusion of short videos across different specialties.

<https://www.SWB.nhs.uk/services/transition/>

You can direct young people and their parents/carers to find out more about transition and lots of signposting links for a range of services and needs. You can use this QR code to put on any resources or leaflets you use in your services to help with navigation.



Contact Kelly if you would like the QR code graphic to use on your documents.

Transition and Young People Connect Page

There is now a centralised place for all things Transition and Young People.

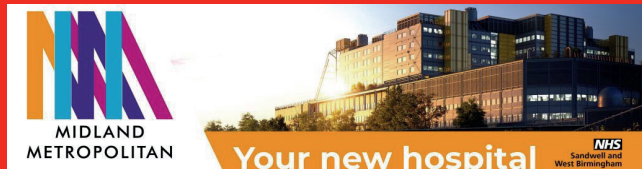
<https://connect2.swbh.nhs.uk/transition-and-young-people>

Here you will find policy and guidelines, signposting and resources, copies of this and national newsletters, research and publications, training and contact details for transition leads and champions across the Trust. Aspects are still in progress but will be coming soon!

Significantly, the Signposting and resources section is for staff to be able to refer to when needing to identify a service/resource for young people. Please share any additional links/resources that you know of to be added to help develop this centralised resource to improve the support offered to young people to kelly.edie-fisher@nhs.net.

SWB Transition Steering Group

In February we held our first transition steering group meeting. Representation is currently targeted at nominated Group Representatives. We appreciate there are lots of people leading on transition in their respective services and inevitably there will be some sub groups that develop from the main transition steering group. Your Matrons/Service Leads/Group Leads will be communicating with you with tasks and information from the main steering group.



As part of your services and group MMUH planning, have you considered the implications for your transition in/outpatients? Please ensure any issues are reported to your Matron/Group Director of Nursing to share at the transition steering group



We are excited to announce that SWB were successful in our funding application for a prestigious Roald Dahl Epilepsy Transition Nurse Specialist. The post will be advertised in September 2022. The Paediatric Nurse will work closely with Adult Colleagues within and outside of the Trust to improve holistic transition planning support for young people with Epilepsy, improving patient safety and health outcomes.

Transition Events

Increase your understanding of the Mental Capacity Act 2005 and its application to 16- and 17-year-olds

Share learning from the North West MCA Project for 16 and 17 year olds

Develop knowledge and skills around assessment and best interest decision making

Empower 16 and 17 year olds in their decision making

Booking Form - [Application of the MCA for 16 and 17 year olds conference- 11th October 2022 \(office.com\)](#)

Survey for 16-17 year olds on Adult Wards

Paediatric services have developed a new questionnaire to capture the views of children and young people about their hospital admission. Cheryl Newton, Group Director of Nursing for Women & Child Health is requesting the survey is also given to 16- and 17-year-olds on adult wards prior to discharge. Please ask your matron or GDON for copies of the questionnaire

Feature

Would you like your service to feature in the next edition of the newsletter to share how your service supports young people in transition.

Contact

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